Malignant Melanoma Masquerading as an Angiofibroma in a Patient With MEN-1

Multiple endocrine neoplasia type 1 (MEN-1) is an autosomal dominant syndrome consisting of endocrine tumors of the parathyroid gland, pituitary gland, and pancreas. MEN-1 is caused by loss of function mutations in the MEN1 gene, which encodes the tumor suppressor protein menin. Cutaneous collagenomas and facial angiofibromas also have been associated with MEN-1 and may serve as diagnostic clues to the diagnosis. We present a case of amelanotic melanoma resembling a large angiofibroma in a young man with MEN-1.

Report of a Case | A man in his 20s with MEN-1 since his teens manifesting as hyperparathyroidism, status post parathyroidectomy, presented with a possible angiofibroma on the helix of the right ear (Figure 1) of 1 year's duration. The lesion had grown and bled with irritation and/or trauma over the preceding months. The patient's history included multiple facial lesions of the nose and cheeks, several of which had been previously removed and histologically confirmed to be angiofibromas.

On examination, an 8-mm, red, telangiectatic, shiny exophytic lobulated papule was present on the helix of the right ear. A shave biopsy of the helical lesion was performed. Histologic analysis showed a nodular proliferation of atypical melanocytes with epithelioid morphology in a vertical growth pattern. The lesional cells showed markedly atypical to pleomorphic nuclei with occasional multinucleated forms, mitotic figures, and abundant cytoplasm. Immunohistochemical stains showed that the tumor cells were positive for S100, MART-1, and tyrosinase, supporting the diagnosis of melanoma. The atypical cells extended into the dermis consistent with malignant melanoma, nodular type, with at least Clark level IV invasion (Figure 2). The margins were involved, and the tumor thickness was at least 2.8 mm. There was also prominent papillary dermal edema with superficial dermal vascular and fibroblastic proliferation representing a possible angiofibroma in proximity to the tumor cells. He subsequently underwent reexcision of the lesion, and sentinel node biopsy findings were negative.

Figure 2. Hematoxylin-Eosin–Stained Histopathologic Sections From Shave Biopsy Specimen

A, In this composite of 2 images, prominent papillary dermal edema is seen with superficial dermal vascular and fibroblastic proliferation; atypical melanocytes in a vertical growth pattern are also apparent (original magnification ×1).

B, Higher magnification (×20) shows a nodular proliferation of atypical melanocytes with epithelioid morphology; the melanocytes have atypical to pleomorphic nuclei with occasional multinucleated forms, mitotic figures, and abundant cytoplasm consistent with malignant melanoma.
COMMENT & RESPONSE

Expanding Scope of Dermatologic Mid-Level Practitioners Includes Prescription of Complex Medication

To the Editor—In their recent article, “Scope of Physician Procedures Independently Billed by Mid-Level Providers in the Office Setting,” Coldiron and Ratnarathorn describe the expanding scope of dermatologic mid-level practitioners. Specifically, in 2012 physician assistants (PAs) and nurse practitioners (NPs) performed and billed independently for more than 4 million procedures, 54.8% of which were dermatologic.

We write to demonstrate that the expansion of mid-level practitioners’ scope of practice is not solely procedural; mid-level practitioners commonly prescribe isotretinoin, a complex dermatologic medication. An analysis of publicly available iPLEDGE data reveals that a large percentage of those registered for the program are mid-level practitioners.

From 2008 to 2010, the percentage of nonphysicians in all specialties registered for the iPLEDGE program rose from 15.5% to 16.6%. Within dermatology, the percentage of nonphysicians increased from 17% to 18%, representing an increase in the number of dermatologic PAs prescribing isotretinoin, from 1143 to 1297 ($X^2$ test, $P < .01$ compared with all other practices’ PAs). In 2008, there were an estimated 68 124 PAs in clinical practice, 1800 of whom were in dermatology. Thus, it appears that a majority of dermatologic PAs were prescribing isotretinoin in 2008.

Interestingly, the percentage of overall dermatologic practitioners prescribing isotretinoin also steadily rose from 2006 to 2010. In 2006, 58% of the prescribers registered for iPLEDGE were dermatologists; 23% were family/general practitioners; 19% were from “other” specialties. By 2010, dermatologists represented 72% of all registered practitioners ($X^2$ test, $P < .01$). This change could be attributed to the iPLEDGE program’s burdensome administrative requirements discouraging practitioners who see fewer patients with severe acne from participating or changes in the types of patients being prescribed this medication.

Dermatology practices are increasingly including mid-level practitioners: in 2007, almost 30% of dermatologists reported including a mid-level practitioner in their practice, a 43% increase from 5 years previously. This increase may help address the unmet demand for dermatologic services.

Although isotretinoin may not be the most complicated medication we use in dermatology, it does require skill and expertise. Given the data about its use, we similarly need to ensure that PAs are adequately trained to manage this useful medication and any other complex medical therapies they may be prescribing.

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