**Background:** Kindler syndrome (online Mendelian Inheritance in Man No. 173650) is an autosomal recessive genodermatosis characterized by acral trauma-induced blistering that improves with age and by progressive poikiloderma in later life. Other clinical features include photosensitivity, webbing of the fingers and toes, nail dystrophy, periodontal disease, and mucosal alterations. Aside from esophageal or anal stenosis, gastrointestinal tract involvement seems to be rare in Kindler syndrome. Recently, mutations in the \( \text{KIND1} \) gene that encodes for the membrane-associated protein kindlin-1 have been identified. Kindlin-1 links the actin cytoskeleton to the extracellular matrix and is supposed to have cell-signaling functions owing to different functional domains. In particular, a domain with high homology to 4.1/ezrin/radixin/moesin (FERM) proteins is closely related to the sequences of talin that mediate integrin binding and therefore may play a role in integrin-dependent processes such as cell growth, differentiation, and apoptosis.

**Observation:** Complete loss of this multifunctional protein in our patient with Kindler syndrome resulted in severe gastrointestinal tract involvement with hemorrhagic colitis. Mucosa of the descending and sigmoid colon and the rectum showed erosions and ulcers with pseudomembranous alterations of an overall highly vulnerable mucosa. Mutation analysis revealed a homozygous status for the novel mutation 20/21delTT in exon 22 of the \( \text{KIND1} \) gene resulting in a preterminal stop codon creating a nonfunctional peptide 17 amino acids in length.

**Conclusion:** Because of our experience with this and another patient, we propose that gastrointestinal tract involvement should be looked at more frequently in Kindler syndrome.

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A female neonate, the offspring of consanguineous Turkish parents, developed recurrent blisters on the skin after a normal full-length intrauterine period and an uncomplicated birth (Figure 1). Clinical examination revealed multiple erosions and blisters secondary to minimal trauma on the extremities and the trunk, ie, on the hand below the plastic identification band, on the heels, and below the waist at the lower back. The blisters ruptured easily and healed slowly. The oral and genital mucosae were inconspicuous. In the first postnatal week, failure to nurse well and bloody colic stools occurred, which led to a significant reduction in the infant’s weight. Results of laboratory tests such as a complete blood cell count, peripheral eosinophil count, erythrocyte sedimentation rate, measurement of C-reactive protein, serum albumin, and total serum IgE levels, and kidney and liver function tests were within reference ranges. Antineutrophil cytoplasmic antibody levels were not elevated. Further clinical, serological, and microbiological examinations could not detect any infectious cause, and hemorrhagic diarrhea showed no improvement after using a formula preparation that was free of cow-milk protein. The infant was then transferred to our department for further diagnostic examination. Both parents were clinically unaffected; however, the father reported that he also experienced a period of mild blister formation in childhood that improved with age.

Skin biopsy specimens for TEM and antigen mapping studies were obtained 10 days after birth from clinically normal (inner upper arm) and perilesional (periumbilical) skin.

**ANTIGEN MAPPING STUDIES**

For diagnostic antigen mapping studies, we used monoclonal antibodies against keratins (keratin 1, 5, 8, 10, and 14), plectin 5B3, bullous pemphigoid antigen-1 and -2, integrins α6 and β4, laminin-5, and collagen types IV and VII.

**TRANSMISSION ELECTRON MICROSCOPY**

Skin specimens for TEM were analyzed by standard procedures. Briefly, small slices were fixed in phosphate-buffered formaldehyde-glutaraldehyde solution, followed by osmication, dehydration in ascending ethanols, and processing into epoxy resin (Glycidether 100, with hardeners DDSA, MNA, and DMP-30; Serva, Heidelberg, Germany). Semithin (1-µm) and ultrathin (approximately 70- to 80-nm) sections were cut using a diamond knife (Diatome Ltd, Biel, Switzerland). Ultrathin sections were stained by a standardized method using tannic acid, uranyl acetate, and lead citrate. Observations and microscopic documentation were performed on an electron microscope at 80 kV (Zeiss EM 109; Carl Zeiss, Oberkochen, Germany). Semithin (1-µm) and ultrathin sections were cut using a diamond knife (Diatome Ltd, Biel, Switzerland). Ultrathin sections were stained by a standardized method using tannic acid, uranyl acetate, and lead citrate. 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were taken from the stomach, duodenum, and different parts of the colon and were stained with hematoxylin-eosin by standard procedures.

MUTATION DETECTION

We extracted genomic DNA from the patient and both parents from peripheral blood samples by standard procedures (Puregene blood kit; Gentra Systems, Minneapolis, Minn). The KIND1 gene was scanned by polymerase chain reaction (PCR) amplification of individual exons and flanking intronic sequences using specific primers and 100 ng of genomic DNA as a template.12 The PCR reactions were performed in a final volume of 50 µL containing 2.5 mM magnesium chloride, 10 pmol of each primer, 4% dimethyl sulfoxide, 125 µM deoxyribonucleotide triphosphate, and 2.5 U of Biotherm DNA polymerase (GeneCraft, Muenster, Germany). Cycling conditions were 5 minutes at 94°C, followed by 15 cycles of touchdown PCR starting at 68°C with a temperature decrement of 0.5°C for each cycle, then 40 cycles each for 30 seconds at 94°C, 30 seconds at 61°C, and 30 seconds at 72°C. The PCR fragments were purified using a commercially available PCR and gel purification kit (GFX; Amersham Biosciences, Little Chalfont, England) and forwarded to be sequenced on a capillary electrophoresis system (CEQ2000; Beckman Coulter Inc, Fullerton, Calif). Sequence reactions were performed using a dye terminator cycle sequencing kit (CEQ2000; Beckman Coulter Inc) according to the manufacturer’s instructions. For skin biopsy, gastroduodenal endoscopy, and mutation analysis, written informed consent was obtained from both parents.

RESULTS

ANTIGEN MAPPING STUDIES

All structural proteins of the BM zone were detectable with normal intensity. Antigen mapping analysis revealed a focal, extremely broadened, reticular staining pattern for laminin-5 and collagen types IV and VII as the typical diagnostic criterion for Kindler syndrome (Figure 2). Staining with antibodies against integrins and bullous pemphigoid antigen-2 showed a linear pattern interrupted in a regular fashion.

TRANSMISSION ELECTRON MICROSCOPY

Results of TEM (Figure 3) revealed locally extensive, de-localized remnants of the lamina densa that could be traced as deep as 130 µm below the BM zone. There were also

Figure 2. Antigen mapping results. Extremely broadened reticular staining patterns are seen for collagen types IV (A) and VII (B) and laminin-5 (C) (original magnification ×100). Staining with antibodies against integrin α6 (D) showed a linear pattern interrupted in a regular fashion (original magnification ×400).
areas where the BM was totally absent or interrupted to 15 to 30 µm of length (1-2 basal keratinocytes). Focally, the lamina lucida appeared to be widened; at places, marked clefting between neighboring basal keratinocytes (often filled with projections of fibroblastlike cells) and subbasal dilatation was observed. Some basal keratinocytes showed marked electron-dense clumping of intracellular tonofilaments and some ultrastructural features of apoptosis. Desmosomes and hemidesmosomes seemed to be ultrastructurally normal.

GASTROINTESTINAL TRACT ENDOSCOPY

Histological findings of biopsy specimens taken during gastroduodenoscopy showed normal esophageal and duodenal mucosa but discrete regenerative alterations of the gastric prepyloric part.

Colonoscopy showed ulcerative colitis with inflammatory longitudinal erosions and ulcers with pseudomembranous alterations of an overall highly vulnerable mucosa in the descending and sigmoid colon and the rectum. Mucosa of the terminal ileum, cecum, and ascending and transversing colon seemed macroscopically normal. Histological examination of biopsy specimens with intact epithelial layer showed a reduction of goblet cells, an increase of mitotic activity, and an accumulation of plasma cells and eosinophils in the lamina propria. Other biopsy specimens were dominated by unspecific ulcerative lesions with lots of fibrin, detritus, and neutrophils associated with granulation tissue. None of the biopsy specimens showed histological criteria of eosinophilic colitis or other specific pathological pictures such as inclusion bodies, bacteria, parasites, crypt abscesses, granulomata, or absence of ganglia.

MUTATION ANALYSIS

Mutation analysis of the 15 exons and the exon-intron boundaries of the KIND1 gene of the infant revealed the new mutation consisting of a homozygous deletion of TT in codon 7 of exon 2, localized as 20/21delTT (Figure 4). Consequently, the deletion results in a codon frameshift of /H11001/2 and a preterminal stop codon of /H11001/11 amino acids downstream of 11 amino acids, creating a nonfunctional minipeptide of 17 amino acids if translated at all. Mutation analysis of the KIND1 gene of the parents uncovered heterozygous status for this deletion at exon 2. No additional mutation could be detected in the father’s gene.

A NEW TURKISH HAPLOTYPE

Sequencing of genomic DNA of affected individuals could identify all 9 single nucleotide polymorphisms, consisting of 1-29T/G, 114T/C, 151 + 20C/T, 152-4G/A, 479T/C, 532 + 8T/C, 532 + 34C/T, 533-17A/C, and 722T/C, using the standard numbering system.19 Intragenic haplotype analysis of these polymorphisms of the affected family revealed a different genetic background from the published Pakistani, white United Kingdom, Omani, and Italian haplotypes and proposed a new Turkish haplotype (Table) associated with the 20/21delTT pathogenic mutation underlying Kindler syndrome.
Gastrointestinal tract involvement in patients with Kindler syndrome is possible but seems to be rare in the literature. To our knowledge, besides esophageal and anal stenosis, no cases with severe gastrointestinal tract involvement have been described. Undoubtedly, the limited accessibility of gastrointestinal tract epithelia and the very low number of patients are reasons for that. In addition, defects that might arise from mutations in structural and functional proteins of the BM zone expressed in internal tissues might not be immediately apparent and may only be detected clinically after further complications have arisen.\(^{20}\) Besides physiological trauma from the movement of gut contents, gastrointestinal tract mucosa is also likely to be subjected to osmotic stress, which causes rapid cell shape changes and reversion with secondary factors (eg, mechanical and osmotic stress or bacteria) will cause disruption in epithelium that is only 1 cell layer thick and in the barrier function of the tissue.\(^{20}\) However, owing to high turnover of this epithelium, small localized wounds in the gastrointestinal tract epithelium would heal rapidly and asymptotically in the absence of any other confounding factors. In this regard, alterations of the prepyloric mucosa with the histological signs of regeneration that we found in our patient also represent signs of mucosal healing of physiologically and chemically strained pyloric and prepyloric gastric mucosa.

Theoretically, the bloody diarrhea that occurred in our newborn patient could also be caused by other more common diseases such as intolerance to foods in the diet, allergies to proteins, eosinophilic colitis, infections, or inflammatory bowel disease.\(^{21}\) Most of these causes could be excluded in our patient by the clinical course (non-response to dietary changes), results of laboratory tests and repeated examinations of stool samples (virology, bacterial cultures, and search for ova, cysts, and parasites), and lack of specific macroscopic and histological findings on endoscopy of the gastrointestinal tract. In addition, the simultaneous occurrence of alterations in the skin (erosions and blisters) and the colonic mucosa (erosions and ulcers) highly suggests the same underlying pathogenetic mechanism.

The reason for such severe involvement of colonic mucosa in our patient is unclear. Whether this Turkish haplotype is responsible for this severe gastrointestinal tract involvement is likewise not clear and can only be established by additional reported cases and mutational analysis. Following reports of patients with hereditary epidermolysis bullosa presenting with several of the clinical features of Kindler syndrome, lower gastrointestinal tract complaints are common, especially chronic constipation and perianal blistering.\(^{22}\) Similar to hereditary epidermolysis bullosa, gastrointestinal tract disease in Kindler syndrome tends to occur more severely during childhood and young adulthood.\(^{23}\) These observations suggest that, in Kindler syndrome, the specialized gastrointestinal tract mucosa can be impaired by increased functional demands and first-time contact with the environment occurring perinatally and during early childhood.

### Table. Ancestral KIND1 Alleles Associated With the 20/21delTT Pathogenic Mutation Defining a New Turkish Haplotype Underlying Kindler Syndrome*  

<table>
<thead>
<tr>
<th>Exon/Intron Position</th>
<th>KIND1 SNP</th>
<th>20/21delTT (Present Family)</th>
<th>676insC (Pakistani)</th>
<th>E304X (White UK)</th>
<th>W616X (Omani)</th>
<th>958-1G-A (Italian)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5' Region 1</td>
<td>1 – 29T/G</td>
<td>G</td>
<td>G</td>
<td>T</td>
<td>G</td>
<td>G</td>
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<tr>
<td>Exon 2</td>
<td>114T/C</td>
<td>C</td>
<td>C</td>
<td>T</td>
<td>C</td>
<td>C</td>
</tr>
<tr>
<td>Intron 2</td>
<td>151 + 20C/T</td>
<td>C</td>
<td>C</td>
<td>C</td>
<td>T</td>
<td>T</td>
</tr>
<tr>
<td>Intron 2</td>
<td>152 – 46/A</td>
<td>A</td>
<td>G</td>
<td>G</td>
<td>A</td>
<td>A</td>
</tr>
<tr>
<td>Exon 4</td>
<td>479T/C</td>
<td>T</td>
<td>C</td>
<td>T</td>
<td>T</td>
<td>T</td>
</tr>
<tr>
<td>Intron 4</td>
<td>532 + 8T/C</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>C</td>
<td>C</td>
</tr>
<tr>
<td>Intron 4</td>
<td>532 + 34T/C</td>
<td>C</td>
<td>C</td>
<td>T</td>
<td>T</td>
<td>T</td>
</tr>
<tr>
<td>Intron 4</td>
<td>533 – 17A/C</td>
<td>A</td>
<td>C</td>
<td>A</td>
<td>A</td>
<td>A</td>
</tr>
<tr>
<td>Exon 5</td>
<td>722T/C</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
<td>T</td>
</tr>
</tbody>
</table>

Abbreviations: KIND1, the gene that encodes for the membrane-associated protein kindlin-1; SNP, single nucleotide polymorphism; UK, United Kingdom; 20/21delTT, a homozygous deletion of TT in codon 7 of exon 2.

*Data regarding 676insC, E304X, W616X, and 958-1G-A are from Ashton et al.\(^{19}\)
Our patient is the second with Kindler syndrome observed in our department. The other patient, a 49-year-old man, also showed typical clinical signs and course of Kindler syndrome and characteristic alterations in the antigen mapping and TEM findings. Because of stenosis of the small bowel, which was first thought to be caused by Crohn disease, he underwent partial resection of the small bowel. It remains unclear whether this gastrointestinal tract involvement was caused by Crohn disease or Kindler syndrome, which was diagnosed 4 years after the resection. We believe that this observed stenosis of the small bowel was caused by Kindler syndrome because of the lack of typical complications, recurrences, and extraintestinal manifestations of Crohn disease. Owing to the high expression of kindlin-1 in the colon, it is feasible that the gastrointestinal tract alterations in Kindler syndrome could be observed more frequently than described. Similar to dermatitis herpetiformis or Duhring disease, an autoimmune bullous disease, histological signs of gastrointestinal tract alterations in Kindler syndrome could be a rather frequent but often asymptomatic event.

Our patient's father reported a history of mild blister formation during childhood that improved with age, but whether it was caused by the heterozygous status of the novel deletion mutation 20/21delTT in exon 2 is unclear. This mutation results in a frameshift and premature termination codon and consequently a short polypeptide (consisting of only 17 amino acids), if translated at all. Alternatively, nonsense-mediated RNA decay may result in complete loss of the respective messenger RNA and therefore in a nontranslatable substrate. Maybe this nearly complete loss of all amino acids (98.9%) and complete loss of function could also induce the reported history of blister formation in the patient's father, although he was heterozygous for this mutation, suggesting autosomal recessive transmission. Because he refused further examination in our clinic, other blistering skin diseases cannot be excluded.

Finally, more studies about the function and binding partners of kindlin-1 and more examinations of gastrointestinal mucosa are obviously needed to confirm the suspicion of frequent gastrointestinal tract alterations and genetic heterogeneity and to enlighten the pathophysiological background of clinical signs and symptoms in patients with Kindler syndrome.

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Author Contributions: Dr Sadler had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis. Study concept and design: Sadler, Laimer, Lanschuetzer, and Bauer. Acquisition of data: Sadler, Klaussegger, Muss, Deinsberger, Pohla-Gubo, Bauer, and Hintner. Analysis and interpretation of data: Klaussegger, Pohla-Gubo, Bauer, and Hintner. Drafting of the manuscript: Sadler, Muss, Deinsberger, Pohla-Gubo, Laimer, Lanschuetzer, and Bauer. Critical revision of the manuscript for important intellectual content: Klaussegger, Muss, Laimer, Lanschuetzer, Bauer, and Hintner.

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